

# Levy Restaurants

*2008 US Transplant Games  
Meal Plan Suggested Menu  
Revised*

## **Suggested Breakfast Buffet Menu**

Assorted Breakfasts Breads, Bakery Fresh Muffins,  
Petite Flaky Croissants and Deli Style Bagels  
Cream Cheese, Creamery Butter and Sugar Free Fruit Preserves  
Freshly Brewed Coffee, Assorted Juices

**Day One** – Add Egg Scramble

Farm Fresh Eggs with Oven Roasted Mushrooms  
*Fresh Oranges, Apples & Bananas*

**Day Two** – Add Oatmeal Bar

Warm Oatmeal with Fresh Toppings to Include:  
Brown Sugar, Honey, Raisins, Berries and Granola  
*Assorted Healthy Cereals with 2% & Skim Milk*

**Day Three** – Add French Toast Sticks

Warm French Toast Sticks  
Creamery Butter and Warm Maple Syrup  
*Low Fat & Fat Free Yogurt*

## **Suggested Dinner Selections**

### Day One

Mixed Green Salad  
Confetti Coleslaw  
BBQ Chicken & Pork Loin  
Vegetable Medley  
Oven Roasted Potatoes  
Assorted Breads and Rolls  
Assorted Cookies and Brownies

### Day Two

Tossed Mixed Greens Salad  
Cucumber Slaw  
Roasted Brisket of Beef  
& Smoked Turkey Breast  
Warm Tortellini Pasta Salad  
Sautéed Green Beans  
Assorted Breads and Rolls

Chef's Selection of Dessert

Day Three

Basil Chicken Breast with Tomato Herb Sauce  
Italian Style Meatloaf with Parmesan Breadcrumbs & Italian Herbs  
Mixed Green Salad with Assorted Dressings  
Warm Rice, Herb and Vegetable  
Salad with Herb Vinaigrette  
Penne Pasta with Lemon Herb Sauce  
Vegetable Medley  
Assorted Breads and Rolls  
Chef's Selection of Dessert

*All meals to b prepared with light oil/butter/salt. Heart/diet healthy.*